

Adult Short Breaks

Questions and Answers



What are short breaks?

A short break is time away from your family or carer so you can both have a break.



This could be things like

- overnight stays
- someone staying with you at home so your carer can go out.



How long have I got to have my say on Short Breaks in Southwark?

You can have your say from Monday 9 October to Tuesday 6th January.



What is Orient Street?

Orient Street is a place that some people go to for a short break. It is run by the council.



Some people book a stay at Orient Street. Other people go there when there is an emergency like when their parent goes into hospital.



How many adults go to Orient Street?

Orient Street has 5 beds for adults.

65 people went for a short break last year.



What will happen if Orient Street closes?

Anyone that goes to Orient Street will have a **review**.

The **review** is a meeting to talk about the short breaks they get now. And what they may want and need in future.



There may be other types of short breaks that are better for some people.



Will people that need an overnight stay still get one if Orient Street closes?

We will look at the needs of each person and their carer. Not everyone will need an overnight stay.



We will work with other places that can offer overnight stays to people that need them.



Has the council already made the choice to close Orient Street?

The council has not made any choices yet.



The council thinks Orient Street should close so the money can be spent on different short breaks.

But we want to hear what other people think.



Have your say by 6th January 2024

Why can't the council run Orient Street better?



Orient Street is a well-run council service.

But it costs more to run Orient Street than other places that are not part of the council.

How will the council use the money if Orient Street closes?



No decisions have been made yet.

We want to know what people want from short breaks to help us make a decision.



Everyone that uses Orient Street will have a review to talk about what is right for them.

How is the council making sure people can have their say?

We have



- Sent letters to the people that go to Orient Street.



- Called people to make sure they got their letters.



- Asked people for their email address so we can email them.



- Put information online.

- Sent information out from the Local Offer website.



- Held meetings in October, November and December.



People that use Orient Street have had a review.

What other short breaks are there?

There are some ideas in the short breaks report like



- Shared Lives - This is where people stay with a trained carer in their home.



- More daytime activities - This may be new activities at places like Cherry Gardens and Bede House.



- Personal budgets - This is when people buy their own support. This could be a support worker to stay with them at home when their carer goes out



- Overnight breaks in other places

But we want to hear your ideas.

What is the difference between short breaks and respite?

Short breaks and respite are the same thing.



They are time away from your family or carer so you can both have a break.





What is the cost of Shared Lives?

Shared Lives is cheaper than Orient Street.
But it will not be right for everyone.



What will happen to people who need a lot of support if Orient Street closes?

We will look at the needs of each person and their carer. Not everyone will need an overnight stay.



We will work with other places that can offer overnight stays to people that need them.

More information

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Website

www.consultations.southwark.gov.uk/children2019s-and-adults-services/adults-short-breaks-2023/